

Exclusion Guidelines for Sick Children & Staff

For everyone's safety, **children and staff** who have any of the following symptoms will be excluded from the classroom until either the condition subsides without use of fever or cough suppressing medications, or a note is received from a medical provider stating that they may return to the classroom. For Primary and Non-Primary Covid Symptoms, children and staff may return per the guidelines in the Covid-19 Addendum.

1. Primary Covid Symptoms (May return per Covid-19 Addendum below):

- Fever (a temperature of 100.4 degrees Fahrenheit (38 degrees Celsius) or higher)
- Chills
- New cough
- New loss of taste or smell
- Shortness of breath

2. Non-Primary Covid Symptoms (May return per Covid-19 Addendum below):

- Fatigue
- Muscle or body aches
- Headache
- Sore throat
- Nasal congestion
- Runny nose
- Nausea
- Vomiting
- Diarrhea

3. An earache.
4. Severe congestion.
5. Untreated wheezing in known asthmatic children (please contact pediatrician).
6. Stiff neck and headache with one or more of the following: 1. fever, 2. diarrhea, 3. vomiting, 4. nausea, 5. severe cough, 6. unusually yellow color to skin or eyes, or 7. skin or eye lesions or rashes that are severe, weeping or pus-filled (contact child's doctor immediately).
7. Thick green or brown drainage from the nose along with sinus pressure or tiredness.
8. Colored drainage from eyes or ears.
9. An unusual yellow coloring to the skin or eyes (contact a medical provider).
10. Cuts or openings on the skin that are pus-filled or oozing (bring a note from doctor and keep sores covered).
11. Live head lice.
12. Any contagious condition. If you know or suspect a child or staff member has a contagious condition, please consult a medical provider. A note will be needed from a doctor describing the condition and when it is okay for the child or staff member to return to the classroom.
13. Symptoms that prevent the child from participating in usual school activities or if the child requires more care than the classroom staff can safely provide.

(see COVID-19 Addendum on next page)

COVID-19 Addendum for Exclusion Timeframes

1. Exclusion of children and staff ill with Primary COVID-19 symptoms:

Children and staff ill with new cough*, fever (temperature of 100.4 degrees F or higher), chills, shortness of breath, or new loss of taste or smell should immediately isolate at home, and COVID testing is strongly recommended and appreciated.

*Please note: new cough is defined as “atypical, not related to a known underlying condition such as asthma or allergies.”

Children with a positive Covid test or no testing will be excluded from the classroom for a minimum of 10 days after onset of symptoms PLUS 24 hours after resolution of fever and other symptoms are improving. Any cough must be improving without the use of cough suppression medications.

Staff with a positive Covid test or no testing will be excluded from the classroom for a minimum of 5 days after onset of symptoms PLUS 24 hours after resolution of fever and other symptoms are improving. Any cough must be improving without the use of cough suppression medications. **Staff may return to the classroom for days 6-10 but must wear a well-fitting mask while indoors.**

Symptomatic children and staff with **verified negative tests** can return to the classroom 24 hours after resolution of fever without use of fever suppression medications. Any cough must be improving without the use of cough suppression medications.

2. Exclusion of children and staff with only Non-Primary Covid symptoms of fatigue, muscle or body aches, headache, sore throat, nasal congestion, runny nose, nausea, vomiting and diarrhea.

A student or staff member with nausea, vomiting, and diarrhea, should be excluded until 24 hours after symptoms resolve. Fatigue, muscle or body aches, headaches (separate from a stiff neck), or sore throat will be considered on a case-by-case basis. This is our standard illness policy for these symptoms, in compliance with the Office of Child Care, unrelated to new Covid guidelines. If symptoms last more than one day, please consider evaluation by a healthcare provider.

Children with mild cold symptoms, such as nasal congestion and runny nose, that don't impair functioning can remain in the classroom. Staff will notify parents of the symptoms at pick up.

Anyone exposed to a person who has a confirmed or presumptive case of COVID-19:

Testing is recommended at 3-5 days following exposure.

For any staff who has been exposed to COVID-19, it is recommended they wear a well-fitting mask in the classroom for 10 days after exposure.

Adults and children without symptoms may return to the classroom unless instructed otherwise by a medical provider.

*Please note: “Exposure” or “contact” in this context is defined as being within 6 feet of someone with COVID-19 for a minimum of 15 minutes over a 24-hour period.

If a child or staff member is excluded from the classroom for Covid-related symptoms OR Covid-19 diagnosis OR as a Presumptive Covid-19 case, please notify your supervisor.