

## Exclusion Guidelines for Sick Children & Staff

For everyone's safety, **children and staff** who have any of the following conditions will be excluded from the classroom until either the condition subsides without use of fever or cough suppressing medications, or a note is received from a medical provider stating that they may return to the classroom.

1. **Fever (a temperature over 100.3 degrees Fahrenheit or 37.8 degrees Celsius), new or unusual cough, new onset loss of sense of smell and/or taste, shortness of breath in the past 10 days. May return to school per COVID-19 Addendum below.**
2. **Symptoms of diarrhea, vomiting, headache, sore throat, or rash. May return to school per COVID-19 Addendum below.**
3. **Exposure\* to someone with a current presumptive or positive COVID-19 case. May return to school per COVID-19 Addendum below. (\*Exposure means within 6 feet for 15 minutes or more within 24 hours)**
4. An earache.
5. Severe congestion.
6. Untreated wheezing in known asthmatic children (please contact pediatrician).
7. Stiff neck and headache with one or more of the above symptoms (contact child's doctor immediately).
8. Thick green or brown drainage from the nose along with sinus pressure or tiredness.
9. Colored drainage from eyes or ears.
10. An unusual yellow coloring to the skin or eyes (contact a medical provider).
11. Cuts or openings on the skin that are pus-filled or oozing (bring a note from doctor and keep sores covered).
12. Live head lice.
13. Any contagious condition. If you know or suspect a child or staff member has a contagious condition, please consult a medical provider. A note will be needed from a doctor describing the condition and when it is okay for the child or staff member to return to the classroom.
14. Symptoms that prevent the child from participating in usual school activities or if the child requires more care than the classroom staff can safely provide.

**(see COVID-19 Addendum on next page)**

# COVID-19 Addendum for Exclusion Timeframes

## 1. Exclusion of children and staff ill with COVID-19 symptoms:

Children and staff ill with fever, shortness of breath, new onset loss of sense of smell and/or taste, or new onset cough should be immediately quarantined at home, and COVID testing is strongly recommended and appreciated, as it helps us make determinations regarding classroom closure.

Children and staff with positive tests or no testing will be excluded from the classroom for a minimum of 10 days after onset of symptoms PLUS 24 hours after resolution of BOTH fever and cough.

Symptomatic children and staff with **verified negative tests** can return to the classroom 24 hours after resolution of both cough and fever without use of cough or fever suppression medications.

## 2. Exclusion of children and staff with symptoms of diarrhea, vomiting, headache, sore throat, or rash:

Please consult a healthcare provider for advice regarding COVID-19 testing. The child or staff member may return 24 hours after symptoms resolve (or with approval from a doctor or other medical professional).

## 3. Exclusion of children and staff with exposure to a person who has a confirmed or presumptive case of COVID-19:

“Exposure” or “contact” in this context is defined as being within 6 feet of someone with COVID-19 for a minimum of 15 minutes over a 24-hour period. Children and unvaccinated staff members exposed to someone with COVID-19 need to quarantine up to 14 days after their last date of exposure to a known case (see note below). Testing is recommended at 5-7 days following exposure.

Fully vaccinated staff should monitor for symptoms: seek testing and isolate for 10 days if symptoms develop. Testing is recommended at 3-5 days after last exposure for asymptomatic, fully vaccinated adults. Asymptomatic and fully vaccinated adults may return to work without quarantining per current public health guidelines, unless instructed otherwise by a medical provider.

**PLEASE NOTE:** If the exposure is to a household member, the child or staff member’s quarantine period will start **after** the infected household member’s 10-14 day isolation period. (These cases will be discussed on a case-by-case basis as in some cases a household member may be able to isolate away from the rest of the household.) This period may be shortened or extended based on COVID-19 testing results and recommendations from Lane County Public Health.