

Exclusion Guidelines for Sick Children and Staff

For everyone's safety, **children and staff** who have any of the following conditions will be excluded from the classroom until either the condition subsides without use of fever or cough suppressing medication, or a note is received from a medical provider stating that they may return to the classroom.

1. **Fever (a temperature over 100.3 degrees Fahrenheit or 37.8 degrees Celsius), new or unusual cough, new onset loss of sense of smell and/or taste, or shortness of breath in the past 10 days. May return to school per COVID-19 Addendum below.**
2. **Symptoms of diarrhea, vomiting, headache, sore throat, or rash. May return to school per COVID-19 Addendum below.**
3. **Exposure* to someone with a current presumptive or positive COVID-19 case. May return to school per COVID-19 Addendum below.**
(*Exposure means within 6 feet for 15 minutes or more within 24 hours)
4. An earache.
5. Severe congestion.
6. Untreated wheezing in known asthmatic children (please contact pediatrician).
7. Stiff neck and headache with one or more of the above symptoms (*contact their doctor immediately*).
8. Thick green or brown drainage from the nose along with sinus pressure or tiredness.
9. Colored drainage from eyes or ears.
10. An unusual yellow coloring to the skin or eyes (contact a medical provider).
11. Cuts or openings on the skin that are pus-filled or oozing (*bring a note from doctor and keep sores covered*).
12. Live head lice.
13. Any contagious condition. If you know or suspect a child or staff member has a contagious condition, please consult a medical provider. A note will be needed from the doctor describing the condition and when it is okay for the child or staff member to return to the classroom.

Please note: The cold symptom of a clear runny nose does not require exclusion or a doctor's note. If the child has a cough then they need to stay home until it is completely resolved.

14. Symptoms that prevent the child from participating in usual school activities or if the child requires more care than the classroom staff can safely provide.

(see COVID-19 Addendum on next page)

COVID-19 Addendum for Exclusion Timeframes

1). Exclusion of children and staff ill with COVID-19 symptoms:

Children and staff ill with fever, shortness of breath, new onset loss of sense of smell and/or taste, or new onset cough should be immediately quarantined at home, and COVID testing is strongly recommended. Children and staff with positive tests or no testing will be excluded from the classroom for a minimum of 10 days after onset of symptoms PLUS 24 hours after resolution of both fever and cough. **Symptomatic children and staff with verified negative tests can return to the classroom 24 hours after resolution of both cough and fever without use cough or fever suppression medications.** Testing is appreciated as it helps us make determinations regarding classroom closure.

If a child or staff member with fever, cough, new onset loss of sense of smell and/or taste, or difficulty breathing is having difficulties getting tested through his/her healthcare provider and a commercial laboratory, please contact your Supervisor for assistance.

2). Exclusion of children and staff with symptoms of diarrhea, vomiting, headache, sore throat, or rash:

Please consult a health care provider for advice regarding COVID-19 testing. The child or staff member may return 24 hours after symptoms resolve (48 hours for vomiting or diarrhea), or with approval from a doctor or other medical professional.

3). Exclusion of children and staff with exposure to a person who has a confirmed or presumptive case of COVID-19:

'Exposure' or 'contact' in this context is defined as being within 6 feet of someone with COVID-19 for a minimum of 15 minutes over a 24-hour period. Children or staff members exposed to someone with COVID-19 need to be quarantined up to 10 days at a minimum *after their last date of exposure to a known case*. If the exposure is to a household member who is unable to isolate away from the rest of household then the child or staff member's quarantine period will start **after** the infected household member's 10-14 day isolation period. This period may be shortened or extended based on COVID-19 testing results and recommendations from Lane County Public Health.